Nutrition, Communication and Information Management
Monday, January 12, 2015
Presented by the National Agricultural Library’s Food and Nutrition Information Center &
The Department of Nutrition and Food Science at the University of Maryland, College Park

8:30-9:00 Arrival and Networking

9:00-9:15 Welcome
Robert T. Jackson, Ph.D, Dept. of Nutrition and Food Science, University of Maryland
Christopher Cole, Manager, Business Development, National Agricultural Library

9:15-10:00 Incorporating Technology into Corporate Wellness
Juliet Rodman, RD, CPT Chief Wellness Officer
Melissa Grindle, RD, Health & Wellness Coach
Wellness Corporate Solutions

10:00-10:30 Communicating with Millennials Today to Change the Nutrition Culture of Tomorrow
Sarah Romotsky, RD, International Food Information Council (IFIC)

10:30-10:45 Break

10:45-11:45 Nutrition Applications Useful in the Dietetics Field
Interactive DRIs -- Lorraine Butler, MS RD, Food and Nutrition Information Center
SuperTracker and What’s Cooking? – Erica Gavey, RD and Melissa Ciampo, RD, Center for Nutrition Policy and Promotion (CNPP)

11:45-1:00 Lunch Break
Visit Information Tables

1:00-1:30 Help your clients REBEL against dieting eat mindfully and live joyfully
Kait Fortunato Greenberg, RD, Rebecca Bitzer and Associates

1:30-2:00 RDs in Action: Life as a Supermarket Dietitian
Wendy Anderson, RD, In-store Nutritionist with Giant Food, Inc.

2:00-2:15 Break

2:15-3:15 Using Dialogue Learning in Community Education
Lynn Rubin, MS, Nutrition Program Development and Outreach Coordinator
Food Supplement Nutrition Education, University of Maryland Extension

3:15-3:30 Wrap Up

WIFI information: Network: Rm1400 Password: NAL$123abc**
https://nfsc.umd.edu/dietetic-internship/joint-class-day-2015
**Wendy Anderson, RD**

Wendy Anderson is an In-Store Nutritionist for Giant Food in the Severna Park location. She has experience as a personal chef and a passion for and special interest in diabetes self-management and heart health.

---

**Lorraine Butler, RD**

Lorraine Butler is a Registered Dietitian and a Nutrition Information Specialist for the Food and Nutrition Information Center. Prior to becoming a dietitian, Lorraine was a Chef and a Computer Systems Analyst. She aims to use innovative technologies to empower people to eat delicious, healthy diets.

---

**Melissa Ciampo, RD**

Melissa Ciampo is a Registered Dietitian with expertise in digital communications and information technology. At the USDA’s Center for Nutrition Policy and Promotion (CNPP), Melissa supports the Office of Nutrition Marketing and Communications.

---

**Erica Gavey, RD**

Erica Gavey is a graduate from the University of Maryland and recent graduate from the University of Maryland’s Dietetic Internship Program. Erica is a nutritionist consultant at the Center for Nutrition Policy and Promotion. She is on the Interactive Tools team where her main responsibility is working with SuperTracker and What’s Cooking? USDA Mixing Bowl.

---

**Kait Fortunato Greenberg, RD**

Kait Fortunato Greenberg, RD, is a Registered Dietitian at Rebecca Bitzer & Associates. She is an expert meal planner and helps individual clients and families prioritize health and self-care. Kait is also passionate about furthering the field of dietetics working with interns and RDs to do what they love and earn what they deserve. She coauthored her first book: Welcome to the REBELUTION- Seven Steps to the Nutrition Counseling Practice of Your Dreams”. Kait was named the Outstanding Young Registered Dietitian of the Year in 2013 by the Academy of Nutrition & Dietetics.

---

**Melissa Grindle, RD**

Melissa Grindle is corporate wellness dietitian working at Wellness Corporate Solutions located in Bethesda, MD. She works alongside two very talented RDs, Juliet Rodman and Heather Calcote, providing the best in wellness coaching and communications to more than 26,000 lives across the US. She also writes the blog “Eat on the Run” providing healthy recipes, fitness advice, and mindfulness techniques. Melissa believes that the path to good health is a multi-faceted approach including eating healthy, sleeping well, staying active, and living mindfully.

---

**Juliet Rodman, RD, CPT**

Juliet Rodman has been motivating people to become healthy for more than 20 years. She is Co-founder and Senior Vice President of Wellness Corporate Solutions, an award winning, woman owned business that builds customized, high impact corporate wellness programs.

---

**Sarah Romotsky, RD**

Sarah Romotsky is a Registered Dietitian and is the Associate Director of Health & Wellness at the International Food Information Council (IFIC) Foundation in Washington DC. Before obtaining her R.D. credentials, Sarah managed several national advertising campaigns at top advertising agencies and worked in marketing for a company devoted to creating new functional food products. Sarah’s work as a Dietitian includes nutrition communications, clinical nutrition and nutrition counseling, as well as supermarket and corporate wellness.

---

**Lynn Rubin, MS**

Lynn is the Program Development and Outreach Coordinator for University of Maryland Extension’s state office of Food Supplement Nutrition Education (FSNE). She works with collaborating agencies to provide nutrition education resources and guidance so that agencies can incorporate nutrition education into their programs and practices through direct teaching or through a train-the-trainer model.