Incorporating Technology into Corporate Wellness
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Cultivate a Background in Tech

As the Intern & Future RD, don't be afraid to learn a few new things
Why Blog?

Improve Writing Skills + Provide Writing Samples

Networking Opportunities

Market Yourself as an Expert

*Did someone say, "New Blog"?*
WCS Tech

Screenings & Tablet Technology

Speeding up data collection
Licensed Wellness Portal
  *Content*
  
  *Wellness Challenge Platform*
  
  *Coaching*
Video Editing Software

- Moovly
- Camtasia
- Hosted on Vimeo
WCS Tech

WellConnect Database
- Coaching Platform
- Created In-House
EMPOWER YOURSELF WITH TECHNOLOGY
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